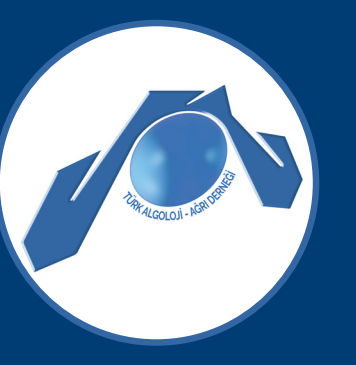




**7<sup>TH</sup> INTERVENTIONAL PAIN  
ISTANBUL CONGRESS AND  
HANDS ON CADAVER WORKSHOP**  
17-20 OCTOBER 2024, ISTANBUL, TURKEY



Organized by  
WIP Turkish Registered Section  
(Affiliated to WIP)  
Endorsed By  
World Institute of Pain  
Turkish Society of Algology

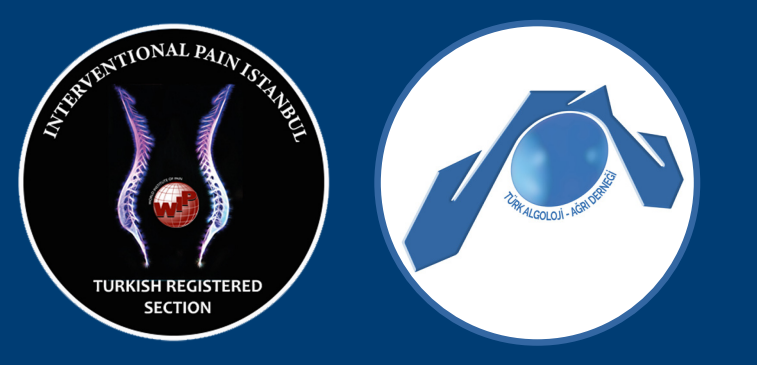
# CIPS CADAVER & LIVE MODEL WORKSHOP

<p><b>Cervical Spine Ultrasound Interventions</b> Greater &amp; Third Occipital Nerves Cervical facets &amp; medial branches (CIPS) Cervical Selective Nerve Roots (CIPS) Cervical Sympathetic &amp; Stellate ganglion</p>	<p><b>Shoulder Ultrasound Interventions</b> Long Head of Biceps Proximal Bicipital Tendon (CIPS), Rotator Cuff &amp; Subdeltoid Bursa (CIPS) Acromioclavicular Joint (CIPS), Glenohumeral Joint (CIPS), Suprascapular Nerve (CIPS)</p>
<p><b>Thoracic Spine Ultrasound Interventions</b> Thoracic Facet Joints (CIPS) Thoracic Paravertebral Block Thoracic Erector Spinae Block Intercostal Nerve Block</p>	<p><b>Elbow &amp; Wrist Ultrasound Interventions</b> Medial Epicondyle &amp; Common Flexor Tendon (CIPS), Cubital Canal &amp; Ulnar Nerve (CIPS) Lateral Epicondyle &amp; Common Extensor Tendon (CIPS), Carpal Tunnel &amp; Median Nerve (CIPS)</p>
<p><b>Lumbosacral Spine &amp; Pelvis Ultrasound Interventions</b> Identify Lumbar Levels Lumbar Facet Joints (CIPS) Lumbar Medial Branch (CIPS) Caudal Epidural (CIPS)</p>	<p><b>Hip Ultrasound Interventions</b> Hip Joint / Anterior Joint Recess (CIPS) Lateral Femoral Cutaneous Nerve (CIPS) Ilioinguinal &amp; Iliohypogastric Nerves (CIPS) Gluteal Tendons &amp; Trochanteric Bursa (CIPS)</p>
<p><b>Posterior Pelvis Ultrasound Interventions</b> Identify Sacral Foramina Sacro Iliac joint (CIPS) Piriformis Muscle (CIPS) Pudendal Nerve (CIPS)</p>	<p><b>Knee &amp; Ankle / Foot Ultrasound Interventions</b> Knee Joint / Suprapatellar Recess (CIPS) Knee Genicular Nerves Tibiotalar Joint (CIPS) Tarsal Tunnel &amp; Posterior Tibial Nerve Achilles Tendon &amp; Plantar Fascia</p>

## Learning Objectives



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# CIPS CADAVER & LIVE MODEL WORKSHOP

## Day 1, Oct 17, Thursday 13:45 - 18:35

13:00-13:45 Lunch

13:45-18:35 Hands on Scanning by Delegates (5 Rotations Between 2 Live Models & 3 Cadavers)

\* 5 Groups (A,B,C,D,E) maximum 8 participants in each group.

\* The duration of each station is 55 minutes. Explanations will be given by the instructors in the first 15 minutes. During the next 40 minutes, each participant will be given 5 minutes for scanning or needling.

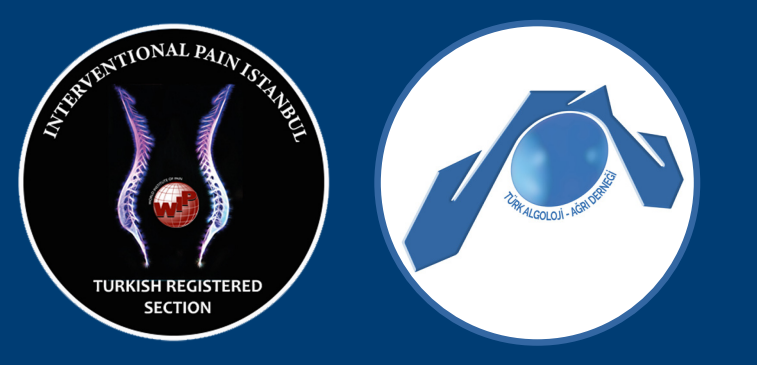
<b>Station 1</b> Instructors Christ Declerck Tatiana Bravo Umit Akkemik (observer)	<b>Cadaver - Supine</b>	Cervical Roots (CIPS) AC Joint, Biceps Tendon, Glenohumeral Joint (ant)(CIPS)
<b>Station 2</b> Instructors Raja Reddy Javier Dese	<b>Cadaver -Lateral</b>	Cervical facet &medial branches(CIPS), GH Joint (post), SASD bursa, Suprascapular Nerve (post), Cubital Tunnel, Trochanteric bursa(CIPS)
<b>Station 3</b> Instructors Derya Güner Maria Luz Padilla del Rey	<b>Cadaver -Prone</b>	Thoracic facet joint block, Lumbar Medial Branch/Facet Joint(CIPS)
<b>Station 4</b> Instructors Halil Cetingok Yehia Kamel	<b>Live Model Cervical Spine</b>	GON,TON Cervical facets, medial branches(CIPS) Cervical Selective Nerve Roots (CIPS) Cervical Sympathetic, Stellate ganglion
<b>Station 5</b> Instructors Ilteris Ahmet Senturk Alif Rahman	<b>Live Model Thoracic Spine</b>	Thoracic Facet Joints (CIPS) Thoracic Paravertebral Block Thoracic Erector Spinae Block Intercostal Nerve Block

Time Table	Station 1	Station 2	Station 3	Station 4	Station 5
13:45 - 14:40	A	B	C	D	E
14:40 - 15:35	B	C	D	E	A
15:35- 16:30	C	D	E	A	B
16:30-16:45	<b>Coffee Break</b>				
16:45- 17:40	D	E	A	B	C
17:40-18:35	E	A	B	C	D

18:35| End of the Day



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# CIPS CADAVER & LIVE MODEL WORKSHOP

## Day 2, Oct 18, Friday 13:45 – 18:35

13:00-13:45 Lunch

13:45-18:35 Hands on Scanning by Delegates (5 Rotations Between 2 Live Models & 3 Cadavers)

\*5 Groups (A,B,C,D,E) maximum 8 participants in each group

\*The duration of each station is 55 minutes. Explanations will be given by the instructors in the first 15 minutes. During the next 40 minutes, each participant will be given 5 minutes for scanning or needling.

<b>Station 1</b> Instructors Thibaut Vanneste Ender Sir	<b>Cadaver - Supine</b>	Ilioinguinal/ Iliohypogastric Nerve, Lateral Femoral Cutaneous Block, Hip Joint (CIPS)
<b>Station 2</b> Instructors Alif Rahman Umit Akkemik	<b>Cadaver -Supine</b>	Medial or Lateral Epicondylitis Tendon Sheath Injection/Fenestration(CIPS) Knee Joint Injection, Tibiotalar Joint Injection(CIPS)
<b>Station 3</b> Instructors Abdulmohsen Alsahhaf Yehia Kamel Ilteris Ahmet Senturk (observer)	<b>Cadaver -Prone</b>	Pudendal Nerve, Piriformis ,SI Joint Caudal Epidural (CIPS)
<b>Station 4</b> Instructors Eleni Episkopou Maria Luz Padilla del Rey	<b>Live Model Lomber Spine</b>	Identify Lumbar Levels Lumbar Facet Joints (CIPS) Lumbar Medial Branch (CIPS) Caudal Epidural (CIPS)
<b>Station 5</b> Instructors Remko Liebrechts Halil Çetingök	<b>Live Model Posterior Pelvis</b>	Identify Sacral Foramina Sacro Iliac joint (CIPS) Piriformis Muscle (CIPS) Pudendal Nerve (CIPS)

Time Table	Station 1	Station 2	Station 3	Station 4	Station 5
13:45 - 14:40	A	B	C	D	E
14:40 - 15:35	B	C	D	E	A
15:35- 16:30	C	D	E	A	B
16:30-16:45	Coffee Break				
16:45- 17:40	D	E	A	B	C
17:40-18:35	E	A	B	C	D

18:35| End of the Day



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# CIPS CADAVER & LIVE MODEL WORKSHOP

**Day 3, Oct 19, Saturday 13:45 - 18:35 (Day 3 is for revision of all the practical CIPS exam topics at cadavers)**

13:00-13:45 Lunch

13:45-18:35 Hands on Scanning by Delegates (5 Rotations Between 2 Live Models & 3 Cadavers)

\*5 Groups (A,B,C,D,E) maximum 8 participants in each group

\*The duration of each station is 55 minutes.

\* At cadaver stations; CIPS practical exam topics will be repeated. All participants will be given a fixed time (5 minutes) to scan or needing any anatomical area ( from the topics specified in the station) they wish to repeat, under the guidance of the instructors. The last 15 minutes for Q & A.

\*At live model stations; explanations will be given by the instructors in the first 15 minutes. During the next 40 minutes, each participant will be given 5 minutes for scanning.

<b>Station 1</b> Instructors Raja Reddy Javier Dese Ilteris Ahmet Senturk (observer)	<b>Cadaver – Supine</b> (Repeat of only CIPS exam topics )	Upper Extremity (Shoulder-Elbow) & Lower Extremity (Hip-Knee-Ankle)
<b>Station 2</b> Instructors Christ Declerck Thibaut Vanneste Umit Akkemik (observer)	<b>Cadaver –Lateral</b> (Repeat of only CIPS exam topics)	Cervical Spine & Peripheral Nerves (II/IH,LFCN)
<b>Station 3</b> Instructors Remko Liebregts Eleni Episkopou	<b>Cadaver –Prone</b> (Repeat of only CIPS exam topics)	Thoraco-Lumbar Spine & Posterior Pelvis (Sacral-Pelvis-Pudental )
<b>Station 4</b> Instructors Tatiana Bravo Derya Guner	<b>Live Model</b> <b>Upper Extremity</b>	<b>Shoulder</b> (Long Head of Biceps Proximal Bicipital Tendon (CIPS), Subdeltoid Bursa (CIPS) AC-GH Joint (CIPS), SS nerve(CIPS) <b>Elbow &amp; Wrist</b> (Medial -Lateral Epicondyle & Com. Flexor-Extensor Tendons (CIPS),Cubital Canal & Ulnar Nerve (CIPS), Carpal Tunnel & Median Nerve (CIPS)
<b>Station 5</b> Instructors Abdulmohsen Al-sahhaf Ender Sir	<b>Live Model</b> <b>Lower Extremity</b>	<b>Hip</b> (Hip Joint / Anterior Joint Recess (CIPS) LFCN (CIPS), II/IH nerves (CIPS) Gluteal Tendons & Trochanteric Bursa (CIPS) <b>Knee&amp;Ankle</b> Knee Joint / Suprapatellar Recess (CIPS) Knee Genicular Nerves,Tibiotalar Joint (CIPS) Tarsal Tunnel & Posterior Tibial Nerve Achilles Tendon & Plantar Fascia

Time Table	Station 1	Station 2	Station 3	Station 4	Station 5
13:45 - 14:40	A	B	C	D	E
14:40 - 15:35	B	C	D	E	A
15:35- 16:30	C	D	E	A	B
16:30-16:45	<b>Coffee Break</b>				
16:45- 17:40	D	E	A	B	C
17:40-18:35	E	A	B	C	D

18:35| End of the Day